



How to Adjust Your FLORA Chair



A. Adjustable Neck rest

- Grasp the neck rest and move up or down to adjust the height to meet your preferred level.

B. Arm Height Adjustment

- Push button to adjust the height of arm.

C. Seat Height

- Lift lever, sit down to lower and stand up to raise seat height
- Push lever in to lock back in upright position.

D. Recline tension Adjustment

- Turn lock clockwise to tighten recline tension.
- Turn lock anti clockwise to loosen recline tension.